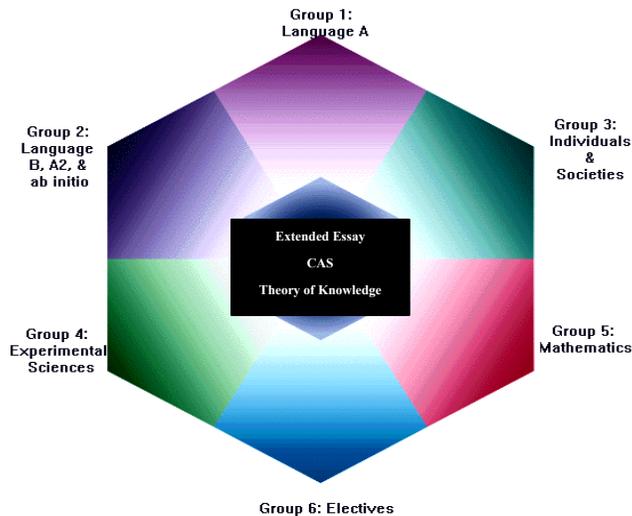


CAS Fact Sheet for Parents and Diploma Candidates



What is CAS?

CAS stands for Creativity, Action, and Service. The CAS component of your diploma programme is at the core of the IB hexagon along with the Extended Essay and TOK. CAS is a form of ethical education, as it involves applying values to activities students carry out. It offers students the opportunity of learning by experience. Critical reflection, the key element of an experiential learning, is in itself an ethical reflection, since it fosters the development of skills to analyze, evaluate, draw conclusions, and change perspectives in life's long term.

What is the philosophy behind CAS?

The International Baccalaureate Organization aims to develop inquiring, knowledgeable, and caring young people, who help to create a better and more peaceful world through intercultural understanding and respect. These programs encourage students across the world to become active, compassionate, life long learners, who understand that other people, with their differences, can also be right.

IB Learners are **Striving to be--** internationally minded people, recognizing our common humanity and shared guardianship of the planet, and are helping to create a better & more peaceful world

What do I have to DO for CAS?

Your CAS work will involve a minimum of 18 *continuous* months of Creativity, Action, and Service *concurrent* with your IB Diploma Programme. Students must achieve relative balance across all three areas (meeting a minimum of 150 hours), and must complete one CAS project. CAS begins September of the Junior year and end in March of the Senior Year.

Students will work closely with the CAS Coordinator to learn the protocol which includes monthly deadlines for planning, doing, reflecting, and documenting your work. Students will create thoughtful, thorough ongoing reflections on the ManageBac program wherein they will discuss progress toward meeting each of the **eight** learning outcomes.

1. Awareness of strengths and areas for growth
2. Taking on new challenges
3. Planning and initiating activities
4. Working collaboratively with others
5. Showing perseverance and commitment
6. Engaging in issues of global importance
7. Considering ethical implications of one's actions
8. Developing new skills